



HELIOS PSYCHIATRY INC.

2995 Woodside Road, Suite 300
Woodside, CA 94062

Helios Psychiatry and Wellness Rates – January 1, 2026

Below you will find rates for Helios’s providers effective for all patients January 1, 2026. Please note that payment is expected upon receipt of invoices. Patients are required to submit credit authorization and pay intake appointments in full before scheduling additional appointments with a provider. Per our credit card authorization, Helios may deduct any overdue balance via the credit card on file. If you are undergoing a hardship, or require more time to pay a balance please speak with your provider.

Standard Rates

	Intake Appointment	Hourly Rate
Dr. Jennifer Dore	\$1300	\$650
Christen Greenfield FNP, PMHNP	\$840	\$420
Abbi Ball PMHNP	\$840	\$420
Kathy Croce RN	n/a	\$400
Chloe Levin FNP, PMHNP	\$840	\$420

Medication management only appointments are billed in half hour increments, regardless of duration.

Ketamine Assisted Psychotherapy Rates

	2 Hour Rate (Standard Appointment)
All Providers –IM Ketamine	\$1250
All Providers – SL Rx Ketamine	2x Provider Rate

Ketamine procedures are scheduled as 2 hour face to face appointments. Should appointments exceed the 2 hours allotted, the patient is billed at the provider’s prorated hourly rate in 15 minute increments. Additional providers are billed at that provider’s hourly–rate. An additional hour of individual recovery time is scheduled for each Ketamine procedure at no additional charge.

Bodywork and Somatic Therapy

Bodywork	
30 minute Intake (one time only)	\$85*
60 minute	\$175
75 minute	\$195
90 minute	\$235
120 minute	\$310
Package: 180 Minutes	\$500
Package: 450 Minutes	\$1200
Package: 900 Minutes	\$2275

**note: cost of intake is waived if purchasing one of our package options which we highly encourage!*

Somatic Embodiment	
Initial Consultation (one time only) - 1 hour, 15 minutes	\$210
Somatic Coaching - 30 minute interval	\$100
Somatic Embodiment 75 minutes	\$225
Somatic Embodiment 90 minutes	\$270
Somatic Embodiment 120 minutes	\$310

Wellness Therapies

	Price
Photobiomodulation / Red Light Therapy Package (150 minutes)	\$725
Photobiomodulation / Red Light Therapy Package (300 minutes)	\$1225
Photobiomodulation / Red Light Therapy (30 minutes)	\$150
Photobiomodulation / Red Light Therapy (45 minutes)	\$200
Photobiomodulation / Red Light Therapy (60 minutes)	\$250

Testing, Vitamin, Vagus Nerve Stimulator

Methylation Panel	\$400
Methylation + Genomic Panic	\$575
IV Therapy - Rejuvenation	\$325
IV Therapy - Immune Boost	\$445
IV Therapy - Recovery	\$475
Vitamin B12, Methylcobalim, MICB12	\$575
Spectracell Draw and Kit	\$500
Quest Lab Kit	\$200
Materials Fee - 1x (Monthly)	\$315
Materials Fee - 1.5x (1.5x Monthly)	\$435
Materials Fee - 2x (2x Monthly)	\$635
Vagus Nerve Stimulator - Rental (Full Cycle)	\$615

Financial Hardship

All of us may at one time or another in our life experience financial hardship. Helios does offer need-based rate reductions and on payment plans. Please speak with your provider.

How to Pay

All appointment fees are due upon completion of service via cash, Zelle, check or credit card. Payment may be made, and payment information saved via our secure patient portal. If appointment fees are not paid upon completion of service, they will be automatically charged to the patient payment method on file.

Policies

- Helios does not accept insurance and asks that patients pay at time of appointment or leave a valid credit card on file.
- Insurance reimbursement should be directed to the patient directly as Helios cannot request check re-issuance. Should Helios receive a check from

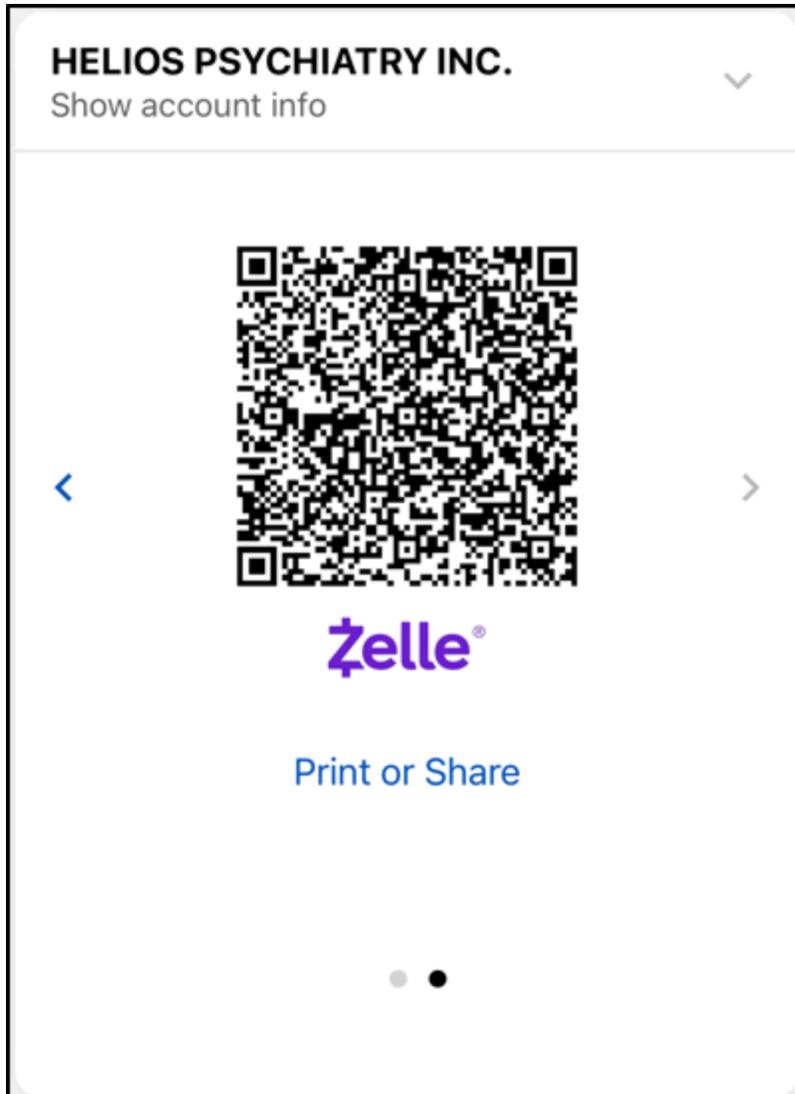
insurance for a patient's claim, and if the check is made out to Helios, Helios will deposit the check and credit the patient's balance.

- Patients are asked to promptly update credit card information in the system should they receive notice that a card on file is no longer valid. Providers reserve the right to request all payment at time of service should patients not close open balances in a timely manner.

Paying Via Zelle

We're excited to announce that Helios is now accepting payment via Zelle. We hope this will provide you more convenience when paying your balance at Helios.

To quickly pay an overdue balance just scan the QR code below with your mobile phone and follow the on-screen prompts:



If you would like to switch to automatic billing via Zelle, please email blair@heliospsychiatry.com